

David A. Hecht, MD

Scottsdale, Arizona

ASK DR. HECHT

FROM WHAT VANTAGE POINT DO YOU APPROACH PATIENT CARE?

Each patient's distinct needs, preferences and considerations are valued, and then time-tested surgical and nonsurgical procedures are performed, offering the best possible result for that individual.

WHAT IS YOUR GOAL FOR EACH PATIENT YOU TREAT?

Tailoring treatment to each patient's anatomy and goals, I strive to create an un-operated look. While maximizing the aesthetic outcome, my approach involves preserving or enhancing function.

IN WHAT WAYS ARE YOU ACTIVE IN THE COMMUNITY?

Face to Face, a program that helps victims of domestic violence and those afflicted by physical deformities, is close to my heart. I enjoy providing them with my surgical skills. An avid runner, I also support local charities when fun runs are sponsored. Additionally, I was selected as one of "The Best Doctors in America" for 2011-2012 and my peers have recognized me multiple times as a "Top Doctor" in *Phoenix Magazine*.

WHAT TECHNIQUES DO YOU USE TO REJUVENATE THE FACE?

Patients' needs dictate my techniques and the customized approach I take with facelifts. Once I see looseness in the lower face and neck, the only reliable way to tighten it is with a facelift. In the mid-face, fillers like Radiesse and Juvéderm reliably restore youthful volume and the forehead can be beautifully refreshed with Botox or a browlift.

A natural-looking nose

The importance of extensive rhinoplasty surgery experience cannot be stressed enough when selecting a surgeon. "A poorly performed rhinoplasty can have a negative functional, as well as cosmetic, outcome and this is one of the reasons rhinoplasty has a relatively high revision rate," Dr. Hecht says. "Also, the nose is not as forgiving as other parts of the body. Its rigid cartilage and bone do not mold over time, so imperfections can actually become more prominent versus soft tissue and scarring, which have the capability to improve over time." Additionally, many patients do not realize how big a role their skin plays in the outcome of a rhinoplasty. While thin skin typically shows changes more dramatically, thick skin is better at hiding imperfections. "The parameters of each individual's skin must be taken into account when planning the surgery," says Dr. Hecht.

CASE STUDY



REFRESHED APPEARANCE

Unhappy with her tired look and inability to see her eye makeup, this 49-year-old patient sought Dr. Hecht's recommendation on how to achieve a more rested, youthful look. After undergoing an upper blepharoplasty surgery in our office to remove excess eyelid skin, the patient's eyes appear brighter and rested," says Dr. Hecht. "Within 10 days she was able to apply eye makeup."

“I use safe techniques that provide natural results”

WITH HIS DUAL TRAINING IN FACIAL PLASTIC SURGERY AND HEAD AND NECK SURGERY, DR. DAVID A. HECHT HAS REFINED HIS SKILLS TO OFFER A SPECIALIZED SCOPE OF SERVICES IN HIS ELEGANT, YET COMFORTABLE OFFICE—CONVENIENTLY LOCATED ON THE SCOTTSDALE HEALTHCARE THOMPSON PEAK MEDICAL CAMPUS.

MEET THE EXPERT

David A. Hecht, MD

American Board of Facial Plastic and Reconstructive Surgery
American Board of Otolaryngology / Head and Neck Surgery

SERVICES OFFERED

Rhinoplasty
Revision Rhinoplasty
Facelift
Blepharoplasty
Browlift
Chin Implants
Injectables (Botox®, Juvéderm®, Restylane® and Radiesse®)
Medical-Grade Skin Care (Obagi® Medical Products, ZO® Skin Health and Latisse®)

ABOUT DR. HECHT

WHY DID YOU BECOME A FACIAL PLASTIC SURGEON?

I am a perfectionist, so I picked a field where that attribute is appreciated.

WHY DID YOU CHOOSE TO FOCUS ON THE FACE?

I enjoy the challenge and intricacy of enhancing facial features, and it's my specialty. My double board certification and training focus exclusively on the face and neck.

HOW HAS WORD OF MOUTH SERVED YOUR PRACTICE?

Patients often refer their family and friends based on the great experiences they have here, but I'm most humbled when other physicians refer not only their patients but their friends and family members. That level of professional respect tells me that I'm doing something right.

MEDICAL DEGREE
New York University
School of Medicine

LOCATION
Scottsdale, Arizona

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To learn more about the practice visit
DrDavidHecht.com